

Onsite Spring Gymnastics

@ F.I.T. for Life

Open to Alpha's, Beta's & Pre-K

F.I.T. for Life announces the continued on-site recreational gymnastics with The Tumbling Company for children ages almost 3's - 5yrs olds.

Directed by Robbie Hirst, the goal of the classes is to provide each child with a success oriented, positive learning experience in a noncompetitive, athletic setting that communicates love, care and encouragement each step of the way.

Instruction is provided for floor tumbling, vaulting, beam and simplified bars. All instruction is well supervised and age appropriate with the student's safety and enjoyment foremost in mind.

Classes are **Friday's, mid-day in the FIT for Life Mini-gym. All are welcome.**

For info, please contact the FIT for Life desk at 713-620-6406 Also, www.tumbleco.com

----- -- Open to older **Alpha's, Beta's & PreK**-----

Spring 2010 schedule @ FIT for Life

- Classes held on **Fridays** @ First Presbyterian , Mini Gym

- Spring classes span Jan 8th - May 21st (17 classes + one Sat exhibition; no class spring break, Good Friday nor 4/23)

All classes are open to the community. All ages and grades listed below are as of January 2009

Tumbling Classes with Lunch Program

12:05-1:45 almost 3's to 4's Eat @ 12:15, then **tumble second** @ 12:55.

Escorted from Pres. School at 12:00. Tuition \$295

12:05-2:30 3 - 5 yrs. old Eat @ 12:15, **tumble** second from 12:55-1:40, followed by a have a simple activity time until 2:30. Escorted from Pres. School at 12:00. Tuition \$340

Tumbling only Classes

12:55-1:40 almost 3's - 4 yrs. old \$225 Escort option for on-site KDO kids.

Class specific questions, call Coach Robbie @ 713-335-3500.

For availability or registration, call the FIT for Life Desk @ 713-620-6406.

----- Please keep top portion -----

Child's name D.O.B. Child's Class Room Address Zip

Parents name Home Phone Cell/Work Email

Class choice (select one plus)

Lunch program:

___ eat then tumble (12:05-1:45)

___ eat, activity, then tumble (12:05-3:30)

Regular tumbling classes:

___ 1:40 3-5's tumble only

Comments of physical problems or special needs:

I, the undersigned parent or guardian of the above student(s), hold the tumbling Company of Houston, its staff and the host organization harmless for any and all injuries my child may incur during the scheduled tumbling activities.

If needed and in the event that I cannot be contacted, I hereby authorize medical treatment for the above student(s).

I hereby grant permission for my child to be escorted on-site to and from their classroom to the tumbling classroom.

Parent's Signature

Date